

PATIENT NAME: DATE OF BIRTH: DATE OF EXAM: PHYSICIAN:

VASCULAR PLETHYSMOGRAPHY AND SPHYGMOMANOMETRY REPORT BILATERAL LOWER EXTREMITIES

EQUIPMENT: Biomedix Portable Vascular Lab (PVL).

TECHNIQUE

Ankle-to-brachial indices were obtained utilizing sequential sphygmomanometry of the upper and lower extremities. In addition, venous outflow measurements were obtained with bidirectional Doppler, utilizing a lower extremity cuff. Computer images were submitted for review.

The following segmental pressures were obtained:

	RIGHT	LEFT
Brachial Pressure	143 mmHg	141 mmHg
Above Knee:	111 mmHg	103 mmHg
Calf:	105 mmHg	94 mmHg
Ankle:	97 mmHg	86 mmHg
Foot:	102 mmHg	83 mmHg
Pre-Exercise ABI/PT	0.68	0.60
Pre-Exercise ABI/DT	0.71	0.58
Post-Exercise ABI/PT	0.64	0.58

Ankle Brachial Index Range Values

Above 0.96 - Normal

0.71 - 0.96 - Mild Stenosis Single Site

0.50 - 0.70 - Moderate Stenosis Single Site

0.30 - 0.49 - Severe Stenosis Multiple Sites

0.00 - 0.29 - Gangrene Multiple Sites

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IMPRESSION

1. The resting ankle-to-brachial blood pressure indices reveal moderate bilateral stenosis with segmental ABI's as follows:

Both femoral arteries show mild stenosis;

Both popliteal arteries show mild to moderate stenosis;

ABIs / posterior tibial show moderate stenosis;

ABIs / dorsal pedis show mild to moderate stenosis.

- 2. Abnormal, biphasic pre-exercise flow bilaterally, consistent with peripheral arterial occlusive disease proximal to the level of tracing.
- 3. Post-exercise ABI's reveal moderate stenosis with no bilateral improvement when compared with resting values.
- 4. Abnormal monophasic post-exercise flow bilaterally, consistent with peripheral arterial occlusive disease proximal to the level of tracing.
- 5. Lower extremity venous outflow is abnormal bilaterally, consistent with venous insufficiency.
- 6. Results of the study suggest increased risk for cardiovascular disease. Correlation with clinical findings and appropriate follow-up suggested including lower extremity Doppler ultrasound.

Thank you for referring this patient.

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Electronically signed by:

Melvin S. Faigus, MD

Diplomate of the American Board of Radiology